

September



News Notes

Walking

Monday-Friday 8:00-10:00 am
Armstrong Recreation Center
Don't forget to sign in!!

LUNCH PROGRAM

Monday, Wednesday, Friday, 11:15 am
Reservations required in advance
Cost: \$4.01 plus tax (\$4.25 total)

Blood Pressure Readings
will be held the
2nd and 4th Monday
each month
9:30- 11:00 am by the
Director's Office



The Center will be closed on
Labor Day

Monday,
September 3rd



The Jeffersontown Arts Program presents

The Strange Case of
DR. JEKYLL & MR. HYDE

A Staged Reading

Friday, October 5th
7:00-8:30 pm

The Ballroom at the Senior's Center
Free Event- Open to the Public

GASLIGHT WEEK

The week of
September 10-16th

Jeffersontown Senior Citizens Center
10631 Watterson Trail
Jeffersontown, KY 40299
(502) 267-9112
Monday-Friday
Open 8:00 am
Activities End 2:30 pm
Jeffersontownky.gov